JASPER DERMATOLOGY

AT RASTORE

Jessner Chemical Peel Aftercare Instructions

- Do not apply anything to the face for at least 24 hours. Do not get water on the face or cleanse for 24 hours following your peel procedure. We recommend a gentle cleanser such as Cetaphil gentle facial cleanser or Elta MD foaming face wash.





- No makeup until peeling is complete is ideal.
- Avoid sun, heat or excessive dryness for the first several days after the peel.

****Prolonged sun exposure should be avoided for the first two weeks following the procedure.****

- We recommend using a broad spectrum UVA-UVB sunscreen containing SPF 30 or higher. This is vital to proper after care. We recommend Elta MD UV Skin Recovery.



- Do not pick the peeling skin.
- Discontinue all exfoliating products (acids) for 2 weeks following your treatment.
- Refrain from exercise or activity that will cause sweating during the first several days after the peel.
- Do not resume Retin-A products until peeling has completely subsided. The use of Retin-A may increase sensitivity to chemical peels and intensify treatment. For this reason, Retin-A should be discontinued **5-7 days** prior to chemical peel.
- Do not wax or laser **2 weeks** prior to the peel or **2 weeks** after the peel.