JASPER DERMATOLOGY

AT RASTORE

Recommended Safe Products for Contact Dermatitis

Laundry Detergent: All Free and Clear, Tide Free and Gentle or Seventh Generation Sensitive Skin Powder







We <u>do not</u> recommend fabric softener or dryer sheets. You can add 1/4 cup of vinegar to your rinse cycle to help with static and to soften fabrics.

Soaps and Cleaners: Dove Sensitive Skin bar soap, Free & Clear or Vanicream Cleanser.







<u>We do not recommend using overly drying soap like Dial, Ivory, Irish Spring, Zest ect. We also do not recommend fragrant soaps and bodywashes like Olay, Tone, Caress, Sauve, or any Bath & Body products.</u>

Moisturizers: We recommend Vanicream, Vaseline or Mineral Oil. Mineral Oil is great for removing eye makeup.

Body creams are better than lotions, lotions are mostly water but cream have more oil which moisturizes better. Healthy, intact, moisturized skin is less likely to react to irritating products.