JASPER DERMATOLOGY

AT RASTORE

Wound Care Instructions

SHAVE BIOPSY/BENIGN DESTRUCTION

A bandage has been placed over the biopsied site (s). Leave this in place for 24 hours. Cleanse the area (s) with mild soap and water, apply plain Vaseline and keep covered with a bandage until healed.

Punch Biopsy

Vaseline ointment and a bandage has been applied to the site. Continue to apply Vaseline to the wound until it is completely healed. You can remove the bandage at any time, but you may prefer to keep the wound covered. Keeping the site covered with a bandage may prevent rubbing at the site and will also keep the Vaseline off your clothing. Keep the site dry for the first 24 hours, then shower as normal. Sutures (stitches) are removed, usually 7-10 days following the procedure.

Liquid Nitrogen

After liquid nitrogen treatment, your skin will become red and swollen. It may also blister during the first 24 hours. A scab will form and will fall off by itself in one to three weeks. Apply Vaseline until it is completely healed. Generally, no special care is needed after liquid nitrogen treatment. Shower as normal. If clothing irritates the area, cover with a small bandage.

Please Note: If any bleeding occurs, apply pressure to the area for 15 minutes. If this does not stop the bleeding, please call our office. If our office has not contacted you in 7-10 business days with results, please call our office at (205) 705-3100. Laboratory work (biopsy, cultures, or blood work) will be billed separately from office bills. If you have any questions/problems regarding your laboratory bill, you must contact the laboratory directly.